

Adult Black Belt Destruction - Entry Form

Completed form to be emailed to tagboffice@gmail.com for registration no later than: **11th June 2023**

You must include ONE passport sized photo for each competitor

Adult 18 years and over Adult Competitor- £30 per event



Male Black Belt Destruction				Female Black Belt Destruction			
(H1) Forefist punch		(K1) Side kick		(H1) Side fist strike		(K1) Side kick	
(H2) Knifehand strike		(K2) Turning kick		(H2) Elbow strike		(K2) Turning kick	
(H3) Backfist strike		(K3) Reverse turning kick		(H3) Palmheel strike		(K3) Reverse turning kick	
(H4) Reverse knifehand strike		(K4) Back kick		Tick each event you wish to take part in		(K4) Back kick	

Please tick if you are you taking part in another event i.e. Sparring or Patterns

PHOTO

COUNTRY

STUDENTS FORENAME

STUDENTS SURNAME

ENTRY GRADE

KUP

DAN

TAE KWON-DO 2023
WORLDS CHAMPIONSHIPS